PLEASE READ:
The information on this list is for contact purposes only. It may not be all-inclusive of every service or provider in the area or their availability. Aging Resources does not license service providers nor guarantee the quality of service that they provide. The listed agencies may accept Medicare and/or Medicaid while some agencies only accept private payment. If you have specific questions after you receive this information, please contact our office again at 515-255-1310. This document is updated at least quarterly.

Polk County
Provider List*

Adult Day Services

- Grace Estates Adult Day Center 515-419-7747
- New Horizons (Ankeny) 515-964-1602
- Wesley Adult Day Services (Dahl Adult Day) 515-271-6701

Emergency Response Systems

• Electronic Caregiver (PremierGO)		833-324-5433
• Lifeline (was Philips)	800-635-6156	855-685-5489
• LifeStation, Inc.	855-499-1606	773-663-7687
• QMedic		877-241-2244
• MidWest PERS/ a Connect America Provider		319-231-0932

Home and Vehicle Modifications

• 101 Mobility (Dave Aschoff) (Home & Vehicle)	515-278-5669
• Able Up Iowa (Home & Vehicle)	888-222-8943
• Access Elevators & Lifts "AEL" (Home)	515-243-8000
• Cedar Valley Mobility (Home & Vehicle) 877-529-8734	515-440-6641
• Easy Livin Home LLC (Home)	641-521-0495
• Habitat for Humanity (Home)	515-471-8686
• Metro Home Improvement Program (Home)	515-273-0770
• Mobility Works (Vehicle)	515-986-3010
• National Seating and Mobility (Home)	515-270-1522
• Next Day Access (Home & Vehicle)	515-303-4418
• NuCara Medical Supply (Home & Vehicle)	800-388-1187
• Rebuilding Together (Home)	515-284-7403
• USDA Rural Development NOTE: USDA Rural Dev does not include Des Moines – only smaller towns in Polk County with populations under 20,000	515-284-4663

Home Delivered Meals

• HomeStyle Direct	866-735-0921
• Mary Greeley Home Health Services 515-239-6730	800-529-4610
• Mom's Meals	866-204-6111
• Sister's Home Style Entrees	515-332-1928
• Tony's Meals (Elderly Waiver only)	515-280-6800
• WesleyLife Meals on Wheels	515-699-3243

Home Care – Offering in home personal care, light housekeeping, respite. (Pay sources which may be accepted: Medicaid, Veterans benefits, waivers, private insurance, private pay)

• Accessible Home Health Care		515-223-1679
• Ageless Angels		515-518-7854
• Angela Browder Home Care		515-988-2966
• Angels in the Home		515-645-9117
• Asian Home Care		515-710-8009
• At-Home Care		515-292-2650
• BrightStar Care		515-221-2273
• Care by April		515-326-2001
• Caring Hearts Home Care		515-283-8300
• Comfort Keepers		515-243-0011
• Cornerstone Caregiving		515-461-7050
• Elara Caring		641-774-2339
• Genius Senior Helpers LLC		515-473-8760
• Golden Heart Senior Care		515-202-7563
• Hallmark Homecare of Greater Des Moines		515-400-4408
• Happier at Home		515-335-4186
• Home Care Assistance		515-444-4654
• Home Halo		515-985-2310
• Home Instead Senior Care		515-221-0866
• HomeCare Advocacy Network		515-428-0294
• Infinity Home Care		515-414-8787
• Iowa Family Assistants		515-330-2361
• Lutheran Services in Iowa		515-271-7411
• Luxe Healthcare Solutions		319-493-7889
• Mary Greeley Home Health Services	515-239-6730	800-529-4610
• Polk County Health Services		515-243-4545
• Respite Connection		515-277-1050
• Right at Home		515-222-1550
• Senior Care of Iowa	515-630-0535	515-779-7815
• Senior Helpers of Central Iowa	515-251-7444	515-964-7297
• Seniors Helping Seniors		515-499-3229
• Simply Golden Solutions (light housekeeping/companion)		515-528-4119
• Sunlight Senior Care		855-493-1830
• Synergy Home Care		515-561-9990

Home Care (Continued)

• Vibrant Homecare	515-336-6147
• Village Caregiving	515-214-9659
• Visiting Angels – Ames	515-446-4316
• Visiting Angels - Urbandale	515-276-0196
• WesleyLife In-Home Private Duty Services	515-978-2777
• Zemira's Helping Hands of Iowa	515-310-4821

Home Health Skilled – May offer skilled nursing and/or therapies (physical, occupational and skilled) along with personal care. (Pay sources which may be accepted: Medicare and other funding sources such as Medicaid, Veterans benefits, private insurance, private pay.)

• Angels Care Home Health	515-252-2847
• Angels in the Home	515-645-9117
• Aveanna Home Health	515-497-7700
• Brain Bridge Therapy (Speech)	515-207-0219
• CenterWell Home Health	515-277-0977
• Elara Caring	641-774-2339
• EveryStep Home Care	515-558-9591
• Fox Rehabilitation Services	515-415-2563
• Freedom Home Health Care	515-207-1501
• Good Samaritan Society Home Care	515-962-2540
• Happy at Home Consulting	515-635-4050
• Infinity Home Care	515-414-8787
• Innovive Health	800-915-3211
• Iowa Home Care	515-222-9995
• Jadel Medical Staffing Agency	515-525-9832
• Mary Greeley Home Health Services 515-239-6730	800-529-4610
• MercyOne Home Health Services	515-643-8383
• Midwest Speech & Swallowing (tests at home\ office)	515-207-2335
• Optimae Home Health	515-277-0134
• Powerback Rehabilitation	515-217-0672
• Rebound In-Home (Physical) Therapy	515-606-4106
• Slater Home Health Care (Private Pay only)	319-551-9145
• Suncrest Home Health & Hospice	515-327-6026
• UnityPoint at Home	515-557-3100
• WesleyLife In-Home Private Duty Services	515-978-2777

Home Medical Supplies

• 101 Mobility		515-278-5669
• Able Up Iowa		888-222-8943
• Ankeny Service Center		515-965-1976
• Apria Healthcare – Urbandale		515-252-0577
• Cedar Valley Mobility	877-529-8734	515-440-6641
• Central States Mobility		515-528-2013
• Easter Seals		515-289-1933
• Grimes Volunteer Support Services-Grimes only(*lending*)		515-986-5355
• Iowa Department for the Blind		800-362-2587
• Jackson Medical Supply – Winterset		800-728-9861
• Lincare – Urbandale		515-223-6078
• Mary Greeley Home Medical Equipment		800-247-0845
• Muscular Dystrophy Association		319-393-8905
• National Seating and Mobility – Urbandale		515-270-1522
• NuCara Home Medical	800-388-1187	800-765-7825
• Numotion	515-214-8971	888-209-5183
• Relay Iowa		800-735-2943
• Telecommunicatons Access Iowa		800-606-5099
• UnityPoint at Home		515-557-3100

Legal

- Legal Hotline for Older Iowans 800-992-8161

Mental Health Support Groups and Resources

- Eyerly Ball Senior Outreach Counseling 515-241-0982
- NAMI 515-292-9400

Nutritional Counseling

- Aging Resources of Central Iowa 800-747-5352
  515-255-1310

Transportation

• @ Your Service	515-285-2831	515-729-1115
• Access2Care (TMS)		866-572-7662
• Ankeny Service Center (Ankeny residents)		515-965-1976
• Bradley's Reliable Transportation		515-718-1458
• Compassionate Care Transportation		515-664-0005
• DART-Paratransit		515-283-8136
• Golden Angel		515-276-9032
• Grimes Volunteer (City of Grimes residents only)		515-986-5355
• JoyRide Transport		515-331-1100
• Liberty Transportation Services		515-577-1832
• MedicalRide.org		646-379-7158
• Midwest Ambulance		515-222-2222
• Polk County Adult Services		515-286-3484
• Polk County Senior Services - Cab Rides		515-286-3679
• RoadRunner Transport Services		515-205-4447
• Spectrum Care LLC		515-259-3802
• Tom's Taxi Service		515-370-1115
• UCAN (Urbandale residents only)		515-334-2632
• Westcare Inc.	515-745-5326	515-561-0299

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