Information Provided By:

AGING RESOURCES of Central Iowa
The Experts on Aging

(515) 255-1310

POLK COUNTY IN-HOME PROVIDERS

Note: Information on this list is updated quarterly.

Updated 11/1/26

MED – Medical provider, nurses, personal care, PT-OT-SP
NON-MED – Non-Medical, personal care assistance, light housekeeping, companionship, etc.
EW – Accepts elderly waiver

Accessible Home Health Care of Des Moines
8555 Harbach Blvd Suite 101
Clive, IA 50325
(515) 223-1679
www.accessiblehomehealthcare.com
NON-MED, EW

Ageless Angels
Des Moines, IA 50317
(515) 518-7854
(515) 556-9146
NON-MED

Angela Browder Home Care
3017 East 13th Street
Des Moines, IA 50316
(515) 988-2966
www.angelabrowderhomecare.com
NON-MED

Angels Care Home Health
3125 Douglas Ave Suite 205
Des Moines, IA 50310
(515) 252-2847
https://www.angelscarehealth.com/
MED

Angels in the Home
1801 25th St
West Des Moines, IA 50266
(515) 645-9117
www.angelsinthehome.com
MED, NON-MED

Asian Home Care
5116 Westwood Drive
West Des Moines, IA 50265
(515) 710-8009
http://taistudiescenter.org/tsc-asian-home-care/
NON-MED, EW

At-Home Care Company LLC
404 Northwestern Ave., Suite 202
Ames, IA 50010
(515) 292-2650
www.athomecareco.com
NON-MED

Aveanna Home Health
2900 Westown Pkwy Suite 200
West Des Moines, IA 50266
(515) 497-4400
www.aveanna.com
MED, NON-MED

Brain Bridge Therapy
(515) 207-0219
https://www.brainbridgetherapy.org/
MED In-home speech therapy

BrightStar Care Des Moines
1001 Office Park Road, Suite 107
West Des Moines, IA 50265
(515) 221-2273
www.brightstartcare.com
MED, NON-MED

Care by April
3829 NW 9th Street
Ankeny, IA 50023
(515) 326-2001
www.carebyapril.com
NON-MED

Caring Hearts Home Care
2045 Grand Ave Suite C
West Des Moines, IA 50265
(515) 283-8300
www.caringheartshomecare.com
NON-MED

CenterWell Home Health
6200 Aurora Ave Suite 100-E
Des Moines, IA 50322
(515) 277-0977
https://www.centerwellhomehealth.com/
MED, NON-MED

Comfort Keepers
6200 Aurora Ave., Suite 200W
Urbandale, IA 50322
(515) 243-0011
www.comfortkeepers.com
NON-MED, EW

Cornerstone Caregiving
319 SW 5th St., Ste. 205
Des Moines, IA 50309
(515) 461-7050
www.cornerstonecaregiving.com
NON-MED

Elara Caring
1010 N 7th St.
Chariton, IA 50049
(641) 774-2339
www.elara.com
MED, NON-MED, EW

EveryStep Home Care
3000 Easton Blvd
Des Moines, IA 50317
(515) 558-9591
www.everystep.org
MED, NON-MED, EW

Fox Rehabilitation Services
Des Moines, IA
(515) 415-2563
www.foxrehab.org
MED

Freedom Home Health Care
2701 SE Convenience Blvd Ste 10
Ankeny, IA 50021
(515) 207-1501
www.freedomhomehealthcareia.com
MED, NON-MED, EW

Friends Home Care and Hospice
6101 Goodman Drive
Urbandale, IA 50322
(515) 230-6691
MED, NON-MED

Genius Senior Helpers LLC
3116 Merle Hay Road
Des Moines, IA 50310
(515) 473-8760
NON-MED

Golden Heart Senior Care
2400 NW 86th St
Urbandale, IA 50322
(515) 202-7563
www.goldenheartdesmoines.com
NON-MED

Good Samaritan Society Home Care – Indianola
714 S Jefferson Way
Indianola, IA 50125
(515) 962-2540
www.good-sam.com/indianola
MED, NON-MED, EW

Hallmark Homecare of Greater Des Moines
2570 73rd Street
Urbandale, IA 50322
(515) 400-4408
www.hallmarkhomecare.com/108
NON-MED

Happier at Home
33604 Old Portland Road
Adel, IA 50003
(515) 335-4186
www.happierathome.com
NON-MED

Happy at Home
Serves Polk & Dallas Counties
(515) 635-4050
www.happyathomeconsulting.com
MED (PT, OT, Speech)

Home Care Assistance
3706 Ingersoll Ave., Suite 2
Des Moines, IA 50312
(515) 444-4654
www.homecareassistancedesmoines.com
NON-MED

HomeCare Advocacy Network
1230 8th Street, Unit 105
West Des Moines, IA 50266
(515) 428-0294
https://hcanthrive.com
NON-MED

Home Halo
2973 100th St; Suite 8
Urbandale, IA 50322
(515) 985-2310
www.myhomecarehub.com
NON-MED

Home Instead Senior Care
7017 Hickman Road
Urbandale, IA 50322
(515) 221-0866
www.homeinstead.com/117
NON-MED

Infinity Home Care LLC
PO Box 13080
Des Moines, IA 50310
(515) 414-8787
www.infinityhomecareia.com
MED, NON-MED

Innovive Health
1415 28th St., Ste 240
West Des Moines, IA 50266
800-915-3211
https://innovivehealth.com/
MED, PT/OT

Iowa Family Assistants
2400 86th Street, Suite 4
Urbandale, IA 50322
(515) 330-2361
http://iowafamilyassistants.com
NON-MED, EW

Iowa Home Care
2500 University Ave
West Des Moines, IA 50266
(515) 222-9995
www.iowahomecare.com
MED, NON-MED, EW

Luxe Healthcare Solutions
131 Tower Park Dr, Suite 325
Waterloo, IA 50701
(319) 493-7889
www.luxehealthcaresolutions.com
NON-MED

Mary Greeley Home Health Services
1114 Duff Avenue
Ames, IA 50010
(515) 239-6730
www.mgmc.org/services/home-health
MED, NON-MED, EW

MercyOne Home Health Services
500 SW 7th St Suite 104
Des Moines, IA 50309
(515) 643-8383
www.mercydesmoines.org
MED

Midwest Speech & Swallowing
2844 104th Street
Urbandale, IA 50322
(515) 207-2335
www.midwestspeechandswallowing.com
MED Speech Therapy

Optimae Home Health Services
513 E 6th St
Des Moines, IA 50309
(515) 277-0134
http://www.optimaelifeservices.com
MED, NON-MED

Powerback Rehabilitation to You
1275 SW State Street
Ankeny, IA 50023
(515) 217-0672
www.powerbackrehabtoyou.com
PT, OT, SPEECH THERAPIES

Rebound In-Home Therapy
30 NE Fox Run Trail
Waukee, IA 50263
(515) 606-4106
www.reboundtherapyia.com
MED Mobile PT

Respite Connection
2469 106th Street
Urbandale, IA 50322
(515) 277-1050
www.respiteconnection.com
NON-MED

Right at Home
2600 University Blvd Suite 210
West Des Moines, IA 50266
(515) 222-1550
www.rightathome.net/DesMoines
NON-MED, EW

Senior Care of Iowa
100 Euclid Ave Suite 150
Des Moines, IA 50313
(515) 779-7815 or (515) 630-0535
www.seniorcareofiowa.com
NON-MED, EW

Senior Helpers of Central Iowa - Urbandale
2951 86th Street
Urbandale, IA 50322
(515)251-7444
www.seniorhelpers.com/central.iowa
NON-MED

Seniors Helping Seniors
(515) 499-3229 or (515) 705-8809
www.shsdesmoines.com
NON-MED

Simply Golden Solutions
1509 Ashworth Road
West Des Moines, IA 50265
(515) 528-4119
www.simplygoldensolutions.com
NON-MED

Slater Home Health Care LLC
613 First Avenue
Slater, IA 50244
(319) 551-9145
MED, NON-MED

Suncrest Home Health & Hospice
5959 Village View Dr, Ste 100
West Des Moines, IA 50266
(515) 327-6026
https://suncrestcare.com/
MED, NON-MED

Sunlight Senior Care
1101 5th Street
West Des Moines, IA 50265
(855) 493-1830
www.sunlightseniorcare.com
NON-MED, EW

Synergy HomeCare
1001 Office Park Rd., Suite 121
West Des Moines, IA 50265
(515) 561-9990
www.synergyhomecare.com
NON-MED

Unity Point at Home
11333 Aurora Avenue
Urbandale, IA 50322
(515) 557-3100
www.unitypoint.org
MED

Vibrant Home Care
1776 22nd Street, Suite 202
West Des Moines, IA 50266
(515) 336-6147
www.vibranthomecare.com
NON-MED, EW

Visiting Angels
7012 Madison Avenue #C
Urbandale, IA 50322
(515) 276-0196
www.visitingangels.com
NON-MED

WesleyLife In-Home Private Duty Services
944 18th Street
Des Moines, IA 50314
(515) 978-2777
www.wesleylife.org
MED, NON-MED

Zemira's Helping Hands of Iowa
2323 Grand Ave., Ste. 100
Des Moines, IA 50312
(515) 310-4821
NON-MED
www.zemirashelpinghandshomecare.com

Aging Resources of Central Iowa provides this alphabetical list solely as a guide. Any omissions are unintentional and exclusion does not imply a lack of approval, nor does inclusion indicate endorsement.

Information is updated regularly and at least quarterly. However, telephone numbers and names become outdated. If the number is no longer in service or there has been a change, please call Aging Resources of Central Iowa at (515) 255-1310 or 1-800-747-5352 for assistance.