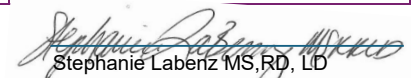


July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Glazed Meatloaf	BBQ Chicken Pizza	Garden Fresh Tuna Salad	Bubble Up Chicken Pot Pie	Chef Salad
Garlic Herb & Cheese	Friendship Garden Salad	Croissant	Beets in Orange Sauce	Club Crackers
Scalloped Potatoes	Strawberries	Easy Summer Pasta Salad	Blush Cinnamon Pears	Mandarin Oranges
Brussels Sprouts	Oatmeal Raisin Cookie	Apple		Apple Crisp
Fruit Cocktail		Berry Crisp		
8	9	10	11	12
Baked Steak w/ Gravy	Egg Roll Casserole	Apple Butter Pork Loin	Taco Burger on Bun	1/2 Zippy Egg Salad Sandwich
Mashed Potatoes	Oriental Vegetables	Sweet Potato Casserole	Lettuce/Tomato Slice	24 Hour Fruit Salad
Corn	Mango & Pineapple	Asparagus	Santa Fe Rice and Beans	Balsamic Tomato Cucumber
Blueberries	Almond Joy Cake	Peaches	Tropical Fruit	Salad
				Pistachio Dessert
15	16	17	18	19
Bean Soup	Sweet and Sour Chicken	Breaded Pork Fritter	Creamy Italian Chicken	Beef Burrito Bowl
Mixed Green Salad	Brown Rice	Party Pasta Salad	Buttered Fettucini Noodles	Tortilla Chips
Garlic Breadstick	Oriental Vegetables	Berry Cup	Broccoli	Mango Salsa
Banana	Mandarin Oranges		Applesauce	Pineapple
22	23	24	25	26
Biscuit Egg Casserole	Lemon Pepper Salmon	Maidrite on Bun	Vegetable Lasagna Soup	BBQ Ribs
Country Style Fried Potatoes	Garden Wild Rice	Steak Fries	Garlic Breadstick	Macaroni and Cheese
Fresh Oranges	Cascade Blend Vegetables	Carrot & Celery Sticks	Cottage Cheese & Apricots	French Green Beans
Apple Butterscotch Fluff	Seasonal Fresh Fruit	Fruit Cocktail	Peanut Butter Cookie	Diced Watermelon
	Frosted Banana Cake			Blueberry Crisp
29	30	31		
Baked Fish	Creamy Pesto Turkey Bake	BBQ Pulled Pork		
Quinoa Pilaf	Friendship Garden Salad	Boston Baked Beans		
Zucchini Coins	Breadstick	Coleslaw		
Berry Cup	Cantaloupe	Grapes		
Blonde Brownie				

*Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


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