

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Apple Butter Pecan Crusted Pork Loin Garden Rice Spinach Pineapple	Chicken Parmesan Acorn Squash Mandarin Oranges Chocolate Chip Cookie	Baked Fish Filet Mixed Vegetables Wheat Dinner Roll Applesauce	Meatballs in Gravy Mashed Potatoes Balsamic Glazed Carrots & Brussels Sprouts Pears Banana Muffin	Egg Salad Cucumber Pasta Salad Fresh Vegetable Medley Raisins Applesauce Bar
8	9	10	11	12
Corn Beef Hash Country Trio Vegetables Apricots Banana Coffee Cake	Santa Fe Chicken Salad Roll Up Garden Salad Orange Blueberry Crisp	Swiss Mushroom Steak Mashed Potatoes & Gravy Peas Strawberries Oatmeal Raisin Cookie	Seasoned Pork Loin Scalloped Potatoes Asparagus Banana Apple Crumb Bar	Broccoli and Cheese Soup 1/2 Tuna Sandwich Crackers Peaches Berry Crisp
15	16	17	18	19
Rigatoni and Meat Sauce Lettuce Salad Garlic Breadstick Spiced Pears	Cranberry Glazed Chicken Baby Red Potatoes California Blend Vegetables Cinnamon Applesauce	Baked Fish Sandwich Boston Baked Beans Diced Beets Fruit Cocktail	Ham Loaf Mashed Potatoes Broccoli Strawberries	Ham and Mushroom Omelet Hashbrowns Carrot Crinkles Blueberries Bran Muffin
22	23	24	25	26
Stuffed Green Pepper Coleslaw Apricots Pear Crumble	BBQ Beef Brisket Sweet Potato Fries Lettuce Salad Pineapple Cherry Bar	Chicken Tetrazzini Parslied Cauliflower Grapes and Peaches Minute Fruit Salad	Lemon Pepper Salmon Fried Potatoes with Onion Succotash Wheat Dinner Roll Mixed Fruit Cup	Garlic Pork Roast Parmesan Sweet Potato Cascade Blend Vegetables Kiwi
29	30			
Almond Poppy Seed Turkey Salad Sandwich Broccoli Raisin Salad Orange Chocolate Pudding	Cornflake Baked Chicken Cheddar Sour Cream Mashed Potatoes Roasted Capri Blend Vegetables Tropical Fruit			

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

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