

MINUTES
BOARD OF DIRECTORS MEETING
June 15th, 2023
9:00 A.M

Aging Resources of Central Iowa

I. ATTENDANCE

Present

Pam Myers	Boone County	
Doug Cupples	Jasper County	Denny Carpenter
Phil Clifton	Madison County	Kylon Schmitt
Steve Van Oort	Polk County	Don Corrigan
Ron Smith	Story County	
Mark Snell	Warren County	
Robert Mahaffey	City of Des Moines	

Ron Jome (EXCUSED)	Boone County	
Mark Raymie	Marion County	Rachel Cecil
Kim Chapman	Dallas County	Nancy Nichols
Lisa Heddens (EXCUSED)	Story County	
Jean Laverty	Warren County	
Linda Westergaard (EXCUSED)	City Of Des Moines	

Others Present

Les Bascom	Aging Resources
Margaret DeSio	Aging Resources
Elena Lopez	Aging Resources
Joel Olah	Aging Resources
Carol Schmidt	Aging Resources
Kay Vanags	Aging Resources

Steve Van Oort called the meeting to order at 9:00 A.M Attendance was recorded by Elena Lopez

II. APPROVAL OF PREVIOUS MIN. & AGENDA

MOTION: Phil Clifton **to approve the March 2023 minutes and April 2023 Agenda as printed**

SECOND: Don Corrigan **MOTION PASSED UNANIMOUSLY**

III. APPROVAL OF AGENDA

MOTION: Robert Mahaffey **to approve the June 15th, 2023, Agenda as printed.**

SECOND: Mark Snell **MOTION PASSED UNANIMOUSLY**

IV. APPROVAL OF MAY 18TH, 2023 MINUTES

MOTION: Robert Mahaffey **to approve the May 18th, 2023, Minutes as printed.**

SECOND: Don Corrigan **MOTION PASSED UNANIMOUSLY**

V. Reports

A. Advisory Council

NO JUNE MEETING

B. Executive Director

Joel reported on updates as Executive Director.

MOTION: Don Corrigan **to extend the At-Large Advisory Council members, JoAnn McKibben and Barb McClintock, term by 2 years.**

SECOND: Phil Clifton **MOTION PASSED UNANIMOUSLY**

Joel discussed the merging of the Department of Health and Human Services (DHHS) and the Iowa Department of Aging (IDA). DHHS is hiring a Division Director of Aging and Disability Services. Joel was the AAA representative on the 10-member interview panel of the final candidates. A candidate should be chosen by the end of the week.

Joe Sample represented the Area Agencies on Aging on a White House Panel. He discussed the effect of the American Rescue Plan Funds on Iowa's AAAs and clients. Joe hopes that future budgets will keep up with the increased demand for service.

Aging Resources recently met with Goodwill Industries and the Iowa Commission on Volunteer Service to discuss our relationship with the Disability Service Community. They also discussed the involvement of AmeriCorps in a new service initiative for older adults in various regions of the state.

Long-Term Care issues have been an ongoing topic for the Advocacy Group. Nursing Facility issues across the nation include insufficient staff and a lack of transparency on how reimbursement/funding is utilized.

Joel discussed recent COVID-19 updates including a new COVID-19 vaccine that will be available in the fall.

C. Chair

NONE

VI. LifeLong Links Update

Kay reported on updates for the LifeLong Links program.

LifeLong Links Rural Options Counseling program is partnering with Marion County Public Health to distribute a social isolation survey to gather more information on the effect of social isolation in older lowans.

Kay also discussed the partnership with Primary Health Care. An Aging Resources staff member will be available at the Public Library to provide information to consumers.

Kay recently met with Joppa and discussed partnering with them to provide information and assistance resources to the homeless population in Polk County.

Aging Resources is working on updating its general brochure and creating a Spanish version.

LifeLong Links is currently interviewing for a new Information and Assistance Specialist.

VII. FY2023 Amended Budget – FY2024 Budget

Les reviewed the FY2023 Amended Budget and FY2024 Budget for approval from the Board.

FY2023 Budget was amended to show changes in the budget since last June. Les reviewed the increases and decreases within the budget with the Board.

MOTION: Phil Clifton **To approve the FY2023 Amended Budget as presented.**

SECOND: Kylon Schmitt **MOTION PASSED UNANIMOUSLY**

Les reviewed the FY2024 Budget that was previously sent out to the Board. Revenue remains unchanged, health insurance/ fringe benefits have increased, and wage increases are based on the proposal from the Personnel Committee. Les reviewed contractor payments and reimbursements. The Board also discussed concerns with nutrition programs and increasing costs of food and supplies. Many services are back up to pre-COVID numbers and are struggling with increased costs.

VIII. Personnel Committee

The Personnel Committee recommended a 5% Cost of Living (COLA) wage increase and a 2% Merit wage increase.

MOTION: Robert Mahaffey **to approve the wage increases as presented by the personnel committee**

SECOND: Mark Snell **MOTION PASSED - Ron Smith opposed.**

MOTION: Robert Mahaffey
review

to approve and file Joel Olah's performance

SECOND: Kylon Schmitt
voting.

MOTION PASSED - Ron Smith abstained from

MOTION: Phil Clifton

to approve the proposed FY2024 budget

SECOND: Robert Mahaffey

MOTION PASSED- Ron Smith abstained from voting.

IX. Nutrition Update

Sharee reported on updates for the Nutrition program.

Senior Farmers Market checks have been received and Carol has started to prepare them to be sent out to consumers. Carol has included farmers' market locations and information to encourage consumers to redeem their checks.

Carol is beginning to conduct on-site visits to meal sites.

X. Supportive Services Update

Sharee reported on updates for the Supportive Services programs.

Sharee first reviewed a services flow chart with the Board. This chart illustrates how consumers access services through Aging Resources and detailed what the process looks like based on what service a client receives.

Sharee has started to conduct on-site visits of service contractors. A common concern for contractors is low staff and struggles in hiring.

Aging Resources received a grant to start a new program called Bingocize. This is a virtual program that combines the game of Bingo with exercise. The goal is to teach consumers different exercises and information about fall prevention.

XI. Let's Hear from the Counties and Cities

None

XII. Other/Comments

None

XIII. Adjournment

The next meeting of the Board of Directors will be conducted on September 21st, 2023, at 9 A.M.

MOTION: Don Corrigan

to adjourn the June 15th, 2023, Board meeting.

SECOND: Kylon Schmitt

MOTION PASSED UNANIMOUSLY

With no other business to discuss, the June 15th, 2023, Board of Directors meeting was adjourned at 10:00 A.M