

****Meals are subject to change****
Meals are served with 2% milk unless you request not to receive milk.
Call Gina at (515) 829-7203 with any changes or cancelations.

MON	TUE	WED	THU	FRI	SAT	SUN
1 Lemon Garlic Pork Loin Rotini Alfredo Steamed Asparagus Fruit	2 California Hamburger w/ bun Potato Salad Baked Beans Fruit	3 Chicken Fried Chicken Mashed Potatoes w/ cream gravy Carrots Fruit	4 Smoked Pork Chop w/ rhubarb sauce Macaroni & Cheese Seasoned Green Beans Bread w/ Margarine Fruit	5 Fish & Chips Creamy Coleslaw Corn Bread w/ Margarine Fruit	6	7
8 Citrus Dijon Chicken Brown Rice Green Beans Almondine Bread w/ Margarine Fruit	9 Cincinnati Chili Spaghetti Noodles Tossed Greens w/ Dressing Garlic Toast Fruit	10 Pineapple Glazed Ham Dijon Scalloped Potatoes Seasonal Vegetables Bread w/ Margarine Fruit	11 BBQ Turkey Meatloaf Scalloped Corn Sweet & Sour Coleslaw Fruit	12 Seafood Alfredo Lasagna Roll Ups Seasoned Peas Garlic Toast Fruit	13	14
15 Cheesy Tortellini Tossed Greens w/ dressing Garlic Toast Fruit	16 French Onion Pork Chop Baked Sweet Potato Green Beans Bread w/ Margarine Fruit	17 Savory Roast Beef Mashed Potatoes w/ gravy Roasted Carrots Bread w/ Margarine Fruit	18 Orange Chicken Rice Pilaf Oriental Vegetables Fruit	19 Lemon Pepper Tilapia Macaroni Corn Bake Seasonal Vegetables Fruit	20	21
22 Philly Steak Sandwich French Fries Sweet Corn Salad Fruit	23 Caprese Chicken Garlic & Basil Pasta Green Beans Fruit	24 Classic Meatloaf Mashed Potatoes w/ gravy Chalet Garlic Buttered Vegetables Bread w/ Margarine Fruit	25 Tuna Mushroom Casserole Buttered Peas Bread w/ Margarine Fruit	26 Hot Dog on Bun Potato Salad Baked Beans Fruit	27	28
29 Lasagna Roll Ups Tossed salad w/ dressing Garlic Toast Fruit	30 Swiss Pork Chop Baked Sweet Potato Country Style Green Beans Fruit	31 Hot Roast Beef Sandwich Mixed Vegetables Fruit	Garlic Butter Chicken Garden Vegetable Rice Roasted Capri Blend Vegetables Bread w/ margarine Fruit	Crispy Fish Tacos w/ Cole Slaw Fried Potatoes Fruit		