

June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Salmon Cake	Cheeseburger Pie	Club Sandwich
		Spinach	Cream Corn	Chips
		Banana	Mandarin Oranges	Fresh Vegetables
		Blueberry Bar	Blonde Brownie	Grapes
6	7	8	9	10
Salisbury Steak	Baked Fish Sandwich	Chicken & Rice Casserole	Liver & Onions	Biscuits & Gravy
Roasted Red Potatoes	Creamy Coleslaw	Lima Beans	Broccoli	Scrambled Eggs
Green Beans Amandine	Sweet Potato Fries	Honey Dew Melon	Escalloped Potatoes	Fried Mushrooms
Cheesecake w/ fruit topping	Mandarin Orange Cake	Carrot Cake	Dinner Roll	Dark Cherries
Apple			Plums	Fruited Yogurt
13	14	15	16	17
Wisconsin Cheese Soup	Beef Stroganoff Over	Tossed Salad w/ Grilled Chicken	Pork Cutlet	Beef Enchilada Casserole
1/2 Tuna Salad Sandwich	Buttered Egg Noodles	Harvard Beets	Whipped Potatoes	Tortilla Chips & Salsa
Crackers	Roasted Brussels Sprouts	Banana	Broccoli Normandy	Fiesta Corn
Cantaloupe	Fresh Fruit Cup	Oatmeal Cookie	Grapes	Raisins
Brownie	Butterscotch Pudding	Breadstick	Cherry Fruit Salad	Raspberry Peaches
20	21	22	23	24
BBQ Pork on Bun	Tater Tot Casserole	Lasagna	Basil Chicken	Baked Tilapia
Sweet Potato Bake	Peas	Lettuce Salad	Fried Potato w/ Onion	Macaroni And Cheese
Asparagus	Pears	Italian Vegetables	Spinach	Glazed Carrots
Mixed Berry Cup	Cherry Pink Cloud Salad	Watermelon	Peaches	Strawberries
Chocolate Mousse		Garlic Bread	Cinnamon Applesauce	Ice Cream
27	28	29	30	
Chicken Salad on Bun	Pot Roast	Turkey Divan	Meatballs	
Spoon Salad	w/ Roasted Vegetables	Crispy Baked Potatoes	Mashed Potatoes & Gravy	
Three Bean Salad	Mandarin Oranges	Asparagus	California Blend Vegetables	
Pears	Apple Raisin Cobbler	Pineapple	Pears	
Chocolate Chip Cookie	Dinner Roll	Lemon Pudding	Blueberry Muffin	

*Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stephanie Labenz MS, RD, LD
Stephanie Labenz MS, RD, LD