


# November 2021

**Call Gina @ 515-829-7203 with any Changes or Cancelations**

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
Braised Steak French Onion Rice Fried Cabbage Warm Fruit Compote Milk	Italian Grinder Potato Wedges Parmesan Green Beans Peaches Milk	Glazed Ham Baked Sweet Potato Peas Bread with Margarine Berry Cup Milk	Roast Turkey Stuffing Caramelized Butternut Squash Fresh Orange Milk	Spaghetti & Meat Sauce Broccoli & Cauliflower Dinner Roll Pineapple Milk		
8	9	10	11	12	13	14
Baked Chicken Cheesy Rice Broccoli Florets Dinner Roll Strawberries Milk	Roast Turkey Cranberry Sauce Fried Potatoes Dilled Green Beans Dinner Roll Blueberries Milk	Crumb Baked Pork Chop Mashed Potatoes w/ Gravy Cascade Blend Vegetables Cinnamon Baked Apples Milk	Goulash Parslied Cauliflower Dinner Roll Banana Milk	Hushpuppy Fish Filets French Fries Brown Butter & Garlic Peas Bread & Margarine Mixed Fruit Milk		
15	16	17	18	19	20	21
Pork Loin Mashed Potatoes Peas Bread & Margarine Applesauce Milk	Baked Apricot Chicken Stuffing Carrots Dinner Roll Mixed Fruit Milk	Cheesesteak Tater Casserole Beets Dinner Roll Peaches Milk	Ham Balls Scalloped Potatoes Green Beans Dinner Roll Pineapple Milk	Shrimp Tenders Macaroni & Cheese Mixed Vegetables Bread with Margarine Strawberries Milk		
22	23	24	25 <b>THANKSGIVING</b>	26	27	28
Lasagna Corn Bread with Margarine Pears Milk	Fried Chicken Candied Sweet Potatoes Green Beans w/ Bacon Bread with Margarine Mixed Fruit Milk	Beef Pot Roast Mashed Potatoes Harvard Beets Bread with Margarine Cinnamon Applesauce Milk	Turkey Dressing Mashed Potatoes w/ Gravy Green Bean Casserole Cranberry Sauce Dinner Roll Pumpkin Pie Milk 	Classic Tuna & Noodles Seasonal Vegetables Bread with Margarine Peaches Milk		
29	30					
Baked Cavatelli Roasted Lemon Broccoli Dinner Roll Banana Milk	Roast Beef Mashed Potatoes Candied Carrots Bread with Margarine Pears Milk					