

Central Iowa Home-Delivered Meal Provider Information Sheet

Name:	WesleyLife Meals on Wheels
Address:	944 18 th Street, Des Moines, IA 50314
Phone:	515-699-3243 (Pam Lee, Meals on Wheels Program Supervisor)
Email:	plee@wesleylife.org
Website:	https://www.wesleylife.org/rides-and-meals/meals-on-wheels/default.aspx
About Your Agency:	<p>Every day, WesleyLife Meals on Wheels directly supports the health, vitality and independence of more than 900 adults living in Greater Des Moines through delivery of a nutritious meal to their front doors, with close to 230,000 meals delivered each year.</p> <p>Drivers deliver so much more than a meal. They are trained to deliver warm hellos while checking on the safety of clients. Because a driver may be the only person a client sees during the day, it is not uncommon for drivers to find a client in need of immediate help due to a fall or medical emergency.</p>
Counties Served:	Polk, some of eastern Dallas and some of northern Warren
Meal Delivery Type:	Monday through Friday with delivery between 10:45am-1:45pm. We serve a hot daily meal as well as frozen evening and weekend options.
Number of Menu Choices:	Two (2) daily hot meal options with differing entrees. The sides remain the same. There's also a daily cold deli option. Clients submit a completed menu for the following month or call in changes. Changes can be made up to 12pm the day prior.
Cost Per Meal:	\$7.00/meal with a sliding fee scale available, as well as other reimbursable programs.
Accept Elderly Waiver?	Yes
Delivery/ Shipping Fee:	There is no delivery fee and no minimum requirement for meal orders.
Special Diets Available:	All meals are heart healthy, low sodium and follow specific diets. Ground, Diabetic are available.
Any Other Information?:	<p>We do offer a First Steps program that provides 5 free meals for those being discharged from a facility/hospital. Limit 2 times per year.</p> <p>https://www.wesleylife.org/rides-and-meals/meals-on-wheels/first-step-meal-program/default.aspx</p>