

Central IA Home-Delivered Meal Provider Information Sheet (Aging Resources of Central Iowa)

Name: Sister's Home Style Entrees

Address: 1303 22nd Street North Humboldt, IA 50548

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About Your Agency:

Sister's Home Style Entrees began in the heart of a woman who was looking for a hobby that involved her love for cooking and helping others. Since 2011, Sister's has evolved into an ever-growing company, that strives to provide tasty and nutritious meals for individuals and families made from the best ingredients, at an affordable price. Each meal is dietician approved, freshly made, packed with care, and delivered to your door.

We cater largely to the elderly and homebound population as a tool for individuals to remain independent in their home, by having great selection of meals in their freezer. Busy families love the convenience and flexibility as well.

Counties Served: All counties in Iowa

Meal Delivery: Your choice of frozen entrees delivered to your door; 1-4 times a month, just let us know what works for you! (Min. order of 7 entrees for delivery). Individual & family-sized meals also available for direct pick-up at our Humboldt downtown retail store!

Number of choices: We offer 20 different home style meals to choose from, including breakfast options. Our menus change every 3 months!

Cost per meal: \$8.00 (includes delivery)

Accept Elderly Waiver: Sister's Home Style Entrees accepts Elderly Waiver, Health & Disability Waiver, and HIV/AIDS Waiver.

Delivery fee: Included in the cost of the meal. Minimum of 7 meals required per delivery.

Special Diets: We offer delicious and nutritious, well-balanced meals that are approved by a licensed dietitian, with enough variety to fit most menu requests.

Any other: Our food is best described by our customers:

"Meals are very good quality-have to go a long way to find the quality that Sister's has. No other meals even compare to Sister's Home Style Entrees".

--Mr. Scott