

Family Involvement in Care

Caring for a loved one with dementia can be difficult. However, when family and health care providers approach care as a partnership, it results in better outcomes for everyone. The Iowa Geriatric Education Center has developed a training series to help families and formal care providers work together to provide the highest quality of person-centered care possible for persons with dementia.

Who's this for? The Family Involvement in Care series is designed to help family caregivers develop skills and confidence to work with care providers as partners in care.

What's inside? This free, 10-part series includes short presentations about key topics in dementia care and how to build partnerships with formal care providers, along with printable resources and helpful advice from other family caregivers who have first-hand experience with dementia.

What's discussed? Topics include –

- Talking with providers
- Negotiating on behalf of your loved one
- Asking difficult questions
- Developing partnership agreements
- Managing medications
- Understanding and responding to behaviors
- Changing care settings
- Providing comfort care
- Defining and adjusting treatment plans and goals of care

How do I sign up? Access the series by registering on the Iowa Geriatric Education Center website. It's free, takes only a minute, and you only need to do it once. As a bonus, after you register, you can access all of the other resources on the website as well. To register, go to igec.uiowa.edu/register.

Questions? Contact the Iowa Geriatric Education Center at geriatric-education@uiowa.edu.