

MINUTES

**BOARD OF DIRECTORS
MEETING
JUNE 20, 2019
9:00 A.M.**

**Aging Resources of Central Iowa
Large Conference Room
5835 Grand Avenue, Suite 106
Des Moines, Iowa 50312-1444
(515) 255-1310**

I. ATTENDANCE

Present

Ron Jome	Boone County	Colleen Farley
Nancy Nichols	Dallas County	
Denny Carpenter	Jasper County	
Phil Clifton	Madison County	Kylon Schmitt
VACANT	Marion County	
Steve Van Oort	Polk County	
Ron Smith	Story County	Lisa Heddens
Crystal McIntyre	Warren County	
Robert Mahaffey	City of Des Moines	Don Corrigan

Absent

Kim Chapman (excused)	Dallas County
Max Worthington (excused)	Jasper County
Mark Raymie	Marion County
Julie Snodgrass	Warren County
Linda Westergaard (excused)	City of Des Moines

Others Present

Les Bascom	Aging Resources
Ellen Gilstrap	Aging Resources
Joel Olah	Aging Resources
Carol Schmidt	Aging Resources
Kay Vanags	Aging Resources

Chair Steve Van Oort called the meeting to order at 9:00 A.M. Steve welcomed new Story County Supervisor Lisa Heddens to the Advisory Council. Lisa will take over for Story County Supervisor Linda Murken. Attendance was recorded by Administrative Associate Ellen Gilstrap.

II. APPROVAL OF AGENDA

MOTION: Robert Mahaffey – to approve the June 20, 2019 Agenda as printed.

SECOND: Nancy Nichols

MOTION PASSED UNANIMOUSLY

III. APPROVAL OF MAY 16, 2019 MINUTES

MOTION: Robert Mahaffey – to approve the May 16, 2019 Minutes as printed.

SECOND: Colleen Farley

MOTION PASSED UNANIMOUSLY

IV. REPORTS

A. Advisory Council – no report, no June meeting.

B. Executive Director

Welcome – Joel Olah welcomed new Story County Supervisor, Lisa Heddens, to the Board. Joel stated that Lisa is a friend of the Aging Network and her expertise is very important to the Board. Lisa recently served as an Iowa State Representative.

Older Americans Act (OAA) – The OAA is up for reauthorization. The current OAA expires September 30, 2019. Iowa has had a prominent role in the modernization of the OAA this time around. The national funding formula to states is of primary concern for those states like North Carolina, Florida, and California which have experienced a significant influx of older adults and no increase in the percentage of OAA funding. Iowa's concern is that such adjustments to these states would decrease Iowa's percentage since the older adult population in Iowa has stabilized. Under a current hold harmless proposal, Iowa could lose 8.5 percent of its OAA funds. The impact of this cut would be devastating. Iowa's AAAs have been working with Senator Grassley's office to make them aware of the impact of funding formula decreases. Iowa's AAAs have proposed adjustments to the proposed funding formula. One is to lessen the cut by factoring in an adjustment for rural communities and the other is spreading the 8.5 percent cut out over five years to 1.7 percent per year. Senator Grassley could intervene by introducing these measures or delaying the reauthorization of the OAA.

Senator Ernst is working on a second issue, attempting to eliminate the 40 percent cap on funding transfers from Congregate Meals to Home-delivered Meals, providing flexibility at the local AAA level with oversight from the state and federal OAA agencies. Iowa's AAAs have made these recommendations to Senator Ernst's staff. n4a also submitted points of

interest as well. Joel distributed i4a's June 19, 2019, letters to Senator Grassley regarding *Older Americans Act Reauthorization and Hold Harmless Clause* and Senator Ernst regarding *Title III C1 and C11 funding flexibility*. If Iowa does see cuts in federal funding, it is hoped the Iowa Legislature will consider subsidizing AAA funding.

Older Iowans Legislature (OIL) – OIL is considering changing their Legislative session from a two-day event to a one-day event in September. More information as the story develops.

SBIRT+ Training – An introductory training on the new substance use screen for older adults *SBIRT+* (Screening, Brief Intervention, and Referral to Treatment) will take place on Tuesday, June 25th, from 8:00-9:30 at Aging Resources, and will provide an overview of this new substance use screen and encourage its application to older adults. Attendees will receive a \$150 stipend. To register, contact Joel. The SBIRT+ program grant through the University of Iowa's Geriatric Education Center, will end after four years on June 30, 2019. Joel distributed the *SBIRT+ Training Opportunity with \$150 Stipend* flyer to Board members.

Advisory Council's Annual Picnic – Joel distributed the picnic invitation to the Board and encouraged Board members to attend the July 11th picnic at Aging Resources at 11:45AM.

C. Chair

Steve Van Oort reported he was appointed to the Iowa Commission on Aging by the Governor and attended his first Commission meeting on June 6th. The meeting was an eye-opening experience for Steve. At this meeting the AAAs presented their FY20 Area Plan Revisions. Steve noted that Aging Resources has the largest population to serve while others have huge areas to serve with smaller populations. Both types of AAAs struggle to serve their populations. Steve stated that Aging Resources is the best run agency in the State. Steve feels that the new State Director of Nutrition will bring some exciting changes to the congregate and home-delivered meal programs.

V. FY2019 BUDGET AMENDMENT

The Audit & Finance Committee met this morning to discuss the FY2019 Budget Amendment and recommend to the full Board the approval of the FY2019 Budget Amendment. Les Bascom, Fiscal Director, referenced and discussed with the Board the June 14, 2019 Memo regarding the *Proposed FY2019 Amended Agency Budget* sent to Board members prior to today's meeting.

MOTION: Phil Clifton – to approve the FY19 Budget Amendment as presented.

SECOND: Colleen Farley

MOTION PASSED UNANIMOUSLY

Les also noted that the Iowa Department on Aging (IDA) has withdrawn limiting carryover to 15%, Aging Resources is ahead \$150,000 in the budget, and a Continuing Resolution (CR) is expected to pass in September.

VI. FY2020 BUDGET

The Audit & Finance Committee met this morning to discuss the FY2020 Agency Budget and recommend to the full Board the approval of the FY2020 Agency Budget. Les Bascom, Fiscal Director, referenced and discussed with the Board the June 14, 2019 Memo regarding the *Proposed FY2020 Agency Budget* sent to Board members prior to today's meeting.

MOTION: Phil Clifton – to approve the FY2020 Budget as presented.

SECOND: Nancy Nichols

MOTION PASSED UNANIMOUSLY

VII. REQUEST TO RE-OPEN NUTRITION RFP FOR MARION COUNTY

Carol Schmidt, Nutrition Services Director, reported that after the June 20th Board Agenda was sent out, The Well in Pella decided not to pursue Aging Resources' funding for their nutrition program at this time. It is hoped that Pleasantville will pursue a nutrition program in their community in the future. The Knoxville Nutrition Program is doing very well operating the program with funds from Aging Resources and from private donations to the program. Marion County does not provide any funds to the Knoxville Nutrition Program.

The Senior Farmers' Market Nutrition Program (SFM) – The Department of Agriculture and Land Stewardship has not yet sent the checks out for the SFM program. There have been problems with getting the information to the printers and mistakes made by the printers causing the delay in delivery of the checks to the AAAs. Aging Resources is expecting 4,733 sets of checks, and to date, Aging Resources has entered 3,936 applications for checks. Aging Resources is receiving the largest distribution of SFM checks in Iowa. The distribution is based on last year's redemption rate. Single applicants receive \$30, couples receive \$60 in checks to purchase Iowa grown fruits and vegetables and checks can be spent until October 31. The SFM is a very popular program and a win-win-win scenario for older Iowans, Iowa farmers, and Iowa's senior centers where older adults can learn about and be connected with services in their area.

VIII. LIFELONG LINKS UPDATE

Kay Vanags, LifeLong Links (LLL) Director, provided an update on LLL staff position changes: Crystal Doig has moved into the EAPA Specialist position, Sheila Henrichsen has moved into a Family Caregiver Specialist position, and Peggy Whorton-Folsom has moved into an I&A Specialist position. Staffing changes have been seamless.

The Area Agencies on Aging (AAA) have been conducting a week-long time study for Medicaid claiming. Time studies will also take place in July and August. The time study will document time spent on I&A calls helping callers with Medicaid-related questions and Elderly Waiver applications. It is anticipated that Medicaid claiming may begin reimbursement sometime in FY21. Medicaid claiming will be a source of revenue for the AAAs.

Kay reported the progress that has been made on the “Helping Support States Caring for An Aging America” grant which was awarded to Iowa and 5 other states. This grant is funded by the John A. Hartford Foundation and the Milbank Memorial Fund. The Center for Health Care Strategies, Inc. is facilitating the grantees. The goal of this program is to support participating states in shaping or improving their family caregiving policies and programs. Iowa’s team decided to use a process called LEAN to improve the speed of our processes by eliminating waste and creating efficiencies that will be instigated in all 6 Area Agencies on Aging (AAA) in Iowa. Several Department on Aging staff members and two representatives from each AAA attended a two and one half day workshop to define who can we call a caregiver and how each of the AAAs would consistently handle caregiver calls. The event allowed all the AAAs to find common ground and buy-in to a standardized process in working with family caregivers. Subcommittees were formed to fine tune our newly developed procedures.

The Iowa Department on Aging (IDA) has asked the AAAs to sponsor a Centenarian Recognition event in each of their areas with minimal funding from IDA for the event. The AAAs are seeking assistance / support from the Iowa Caregivers Association to hold the recognition at the Iowa Caregiver’s September conference. In the past, the Centenarian Recognition Event was held on the first day of the Governor’s Conference on Aging; however, the Governor’s Conference on Aging was discontinued years ago. The recognition event was a very important, popular program at the Governor’s Conference on Aging.

Elder Abuse Prevention and Awareness (EAPA) Program – The EAPA program has experienced dynamic growth and change over the past year. EAPA is working with a Coordinated Community Response (CCR) group through the Attorney General’s office under an Adult Abuse in Later Life Grant. Crystal Doig, Elder Rights Specialist, presented to 86 attendees at a recent Adult Abuse Cross Training. The Cross Training was so popular there was a waitlist to attend, another training will be coming this fall.

Aging Resources’ Elder Rights program received a national award from n4a, the *Aging and Innovations Award*. This is the third year Aging Resources has received the award in the past five years. Aging Resources is trying to prevent elder abuse by doing outreach and education with local police, fire, and EMTs to help them identify the signs of elder abuse and also be aware of the services available to those in an abusive situation. Crystal Doig, Elder Rights Specialist, will accept the award, on behalf of Aging Resources, at the national n4a conference this summer in New Orleans.

Crystal Doig, Elder Rights Specialist, did a radio interview yesterday with *Inside Iowa*, which broadcasts on five stations, regarding Elder Abuse Awareness Month. The interview was so well received that Crystal has been invited back to do monthly interviews with *Inside Iowa* to report and inform about elder abuse and Aging Resources.

IX. LET'S HEAR FROM THE COUNTIES AND CITIES

Nancy Nichols, Dallas County, shared her experience attending the Des Moines University memorial service held for the families of body donors. Nancy stated it was a very dignified program. She was able to speak with the five students who studied her husband, Ed's body. The donor families were presented with a wooden box and inside there were personal notes from each of the students who studied the donated bodies. Nancy said the whole process was very nice but also bittersweet in that you relive the death and loss a year later. Ed's ashes will be interred at the Veteran's Memorial Cemetery in Van Meter.

X. OTHER / COMMENTS

Les Bascom, Fiscal Director, asked Board members to please submit mileage by July 15th for travel reimbursement. Les distributed the *Request for Mileage Reimbursement – FY 2019* form to Board members.

Steve Van Oort reported that on Monday, the Governor called for the resignation of DHS Director Foxhoven without public comment. The Director of the Department of Public Health, Gerd Clabaugh, will serve as interim director at DHS.

XI. ADJOURNMENT / NEXT MEETING

The next meeting of the Board of Directors will be conducted on September 20, 2019, at 9:00 A.M.

With no other business to discuss, Chair Steve Van Oort adjourned the June 20, 2019 Board of Directors meeting at 10:13 A.M.