

Aging Resources of Central Iowa

Iowa Family Caregiver Support Program Guidelines

Fiscal Year 2020

The Iowa Family Caregiver Support Program (IFCSP) established in November 2000 is intended to assist families in caring for an older or disabled adult, as well as grandparents/relatives caring for a child 18 years or younger.

Iowa Family Caregiver Support Program Assists Families By Providing:

- Information about services and assistance in coordinating them
- Education about disease processes or questions about caregiving role
- Counseling for emotional support
- Financial support for respite and equipment

Families can discuss their caregiving situation either by scheduling a face-to-face meeting or by participating in a telephone consultation with a caregiver specialist. All consultation services are at no cost to the family. Free will donations accepted.

Qualifications:

- Financial assistance may be available to purchase respite services when families need to take a break from their caregiving responsibilities.
- Assistance may be available to purchase needed medical equipment to aid the caregiver in providing care.
- This funding is primarily intended to assist families that are financially unable to pay for these services.
- The approval of services related to this application is subject to the availability of funds and may be discontinued if necessary.

Guidelines:

- Families may use an agency for respite, adult day care, transportation, homemaking, yard work, or emergency response systems.
- Families may also use private individuals to provide temporary care for their family member.
- Funding can also be requested for medical equipment or other special needs.

Application/Billing Procedures:

- Applications for respite or other needs must be submitted to the Family Caregiver Specialist prior to service.
- An intake form for the caregiver must also be included with the application.
- Once approved, billing procedures will be discussed.

Contact Aging Resources' Family Caregiver Specialists to discuss requests or available options.
Jeanne Silvers @ 515-633-9522 or Sheila Henrichsen @515-633-9502
Toll Free Number – 1-800-747-5352