

small changes BIG DIFFERENCES

Awareness Kit Assistive Technology Items

Ask about large order discounts!

ila CAN-DO PRODUCTS for your active independent life 1-800-537-2118

Enrichments: Products to Enhance Your Life 1-800-323-5547

Arthritis SELF HELP Products 609-654-6918

Dressing

button hook with zipper hook on end	ila 142170 or E 2022-02
Long handled shoehorn	ila 326439 or E 2061
sock/stocking dressing aid	ila 699376 or E 2086
<u>Vented</u> hair brush + washcloth + 2hair elastic bands	local store <i>built up handle by folded wash cloth secured by hair bands</i>

Hygiene

Economy suction brush	E 6047 (brush dentures or use in kitchen with veggies)
Long handled bath scrub sponge	AAB-30 or E 6301 diabetic aid
Regular Toothbrush***	local store <i>add foam built up handle</i>
Disposable razor ***	local store <i>add foam built up handle</i>
Nail clipper	ila 275750
Talking thermometer	ila 756221
pill splitter	ila 609590

Eating

Spoon or fork with curved handle	AA M-8	OXO utensils might be at Walmart or kitchen store
RubberMaid non-slip material	local store	<i>cut roll into placemat size pieces</i>
inner lip plate	ila 384358	
cut out lip cup	through all the catalogs	

Meal Preparation

Carry handles for groceries	AA M-2	
Tab grabber	ila 755888	
Box topper	ila 126544	
Milk carton handle	ila 364128	or others from Walmart, etc
Whisk***	local store	<i>add foam built up handle, saves energy</i>

Recreation and Leisure

Large button TV remote	ila 434350 or local store	
Card holder	ila 257418 or 614600	
cards (large print & colored- 1 of each suit/kit)	ila 308605	
Giant telephone push button adapter	ila 799400	
Automatic needle threader	ila 85344	
steady write	ila 713847	
check writing guide	ila 163733	
plastic magnifier	ila 697350	I like one that can go in pocket or purse
Good Grip scissors	E 6022	
Large barrel pen (Dr Grip or another)	local store	

Environmental or General Use

EasyGrab reacher (better quality one!)	E 6415	
Door knob lever extension	ila 436755	
Adjustable key holder	AA M-11	
Electrical safety plug puller or ejector	ila 673300	
Variety of cylindrical foam sizes	plumbing or contractor store	@ 3" lengths
<ul style="list-style-type: none"> • Variety of 3inch lengths on rope loop • *** 3 inches on three items above 		can do without this with budget problem
UNI-Turner light knob	E 6303	
Safety marking tape (2-3"/kit)*	ila 673308	
Non-skid safety Striping (2-3"/kit)*	ila 544159	
Car door opener	E 6718 or 6715	

* 2-3 " samples on **8x5" index cards** with enlarged pictures of use from catalog

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 Props/Items for Demonstration

It is important that each kit have "prop" items to demonstrate the assistive technology devices in the kit. These are especially needed for display tables! The following are suggested items to be used as props:

- men's black sock (color contrast with device) ---*sock/stocking dressing aide*
- upper denture or teeth model ---*suction brush (donated by dental school)*
- plastic grocery bag---*grocery bag handles*
- plastic jar with screw lid (filled with rice or macaroni) --- *jar opener*
- Ensure can with tab --- *tab grabber (empty can from bottom)*
- Empty small cereal or malto meal size box --- *box lid opener or box topper*
- 1/2 gallon cardboard milk carton --- *attachable carton handle*
- embroidery yarn & needle --- *embroidery needle threader*
- spool of thread & needle --- *needle threader*
- paper or checkbook --- *writing guide*
- newspaper or hospital bill --- *plastic magnifier*
- Soup can --- *hand held magnifier*
- key --- *key holder*
- electric plug (male end) --- *cut off cord and attach safety plug extender or ejector*
- paper--- *steady write*

Extra possibilities

1. Include any other assistive technology devices, for example:
 - travel mug *with sip lid and if possible without handle*
 - jar opener (pieces of rubber material) *for opening jars—sometimes marketing tool*
 - pencil or plastic cup with rubberbands *to prevent grip from slipping down*
 - large print book of crossword puzzles (ila 205546)
 - Reader's Digest or some other large print magazine

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Order of flipchart pages

Logo printed on blue in notebook cover

“Assistive technology...” three paragraph word page, AT defined

“In most cases...” word page low-tech solutions, about flipchart and kit

Entrance to house scene: railed deck, large stairs for walkers, lever handle, chair next to door, planter/seat

Key turner in door knob

Door knob lever extension with woman using elbow to open while holding groceries

Living room: Lifter seat being used and electric plug puller on lamp cord

Place setting: Non-slip placemat, plate with lip, cup with lid, built-up handles on utensils

Kitchen scene: Reacher and wheeled cart

Box top opener and milk carton holder and Jar opener Tab grabber on pop can

Roller knife, cutting board with corner guards

Long handled dust pan and broom being used

Bedroom: dresser with adapted pulls, table used as dresser, many AT devices, and closet with many adaptations, lowered light switch, long handled shoe horn

Button hook used by woman on blouse

Cuff extender

Zipper pull used by man on jacket

Bathroom: elder man at sink, toothpaste holder, suction brush, foam handle on toothbrush

Bathtub/shower: bath bench, hand held shower sprayer, long-handle spongebrush, attachable grab bar

Livingroom: easy chair with lap desk, touch-on lamp, TV remote with large buttons, magnifying glass, check guide, homemade arm chair caddy

Giant push button phone adapter

Card holder and chair leg extenders

Loop Scissors

Needle Threader

Yarn threader and over the neck magnifier

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