

# URBANDALE Caring Corps

Neighbors Helping Neighbors

Urbandale Caring Corps is a non-profit agency providing assistance, through the involvement of volunteers, to the residents of Urbandale. Urbandale Caring Corps is one of four project teams of the Community Action Council (CAC). The CAC was started in Urbandale in 1999 as part of Imagine Urbandale, a community forum held to motivate the community and determine a plan of action that would ensure that the quality of life and sense of community would continue in Urbandale.

The mission of the Urbandale Caring Corps is to provide opportunities for our Urbandale residents to help their fellow neighbors. Needs are identified and matched with resources.

Office Location: Lion's Park Shelter House  
Corner of 72<sup>nd</sup> & Prairie

Office Hours: 9am to 1 pm – Tuesday, Wednesday & Thursday  
9 am – noon – Saturday

Contact: Lauren Prunty at 278-3999 or  
[caringcorps@aol.com](mailto:caringcorps@aol.com)

The following free services are offered:

- Transportation to medical appointments
- Grocery shopping/errand assistance
- Tutoring
- Yard Work Assistance
- Companionship to residents in Urbandale Nursing Homes