

a Family Caregiver Support Program
eives operational funding from
eral dollars distributed to states by
Administration on Aging and the
a Department of Elder Affairs.

a Family Caregiver Support Program
hibits discrimination in all its programs
activities on the basis of race, color,
onal origin, gender, religion, age,
bility, political beliefs, sexual
ntation, and marital or family status.

I would like Iowa Family Caregiver
to connect me to services in my area.

Name _____

Address _____

State _____ Zip _____

Phone _____ E-mail _____

I am interested in more information about:

- Housing
- Home Care
- Respite Care
- Nursing Services
- Financial Guidance
- Legal Assistance
- Transportation
- Prescription Drug Assistance
- Nutrition
- Other _____



**Iowa
Family
Caregiver**

Supporting the care you provide



We'll connect you to the services you need:

1-866-468-7887
(1-866-4-NURTURE)

www.iowafamilycaregiver.org

Iowa Family Caregiver
5835 Grand Avenue, Suite 106
Des Moines, IA 50312-1439

Proud partners with Iowa Association of Area Agencies on Aging.



**“Are you helping an older
loved one? You don't have
to do it alone.”**

Whether you help a little—paying bills,
checking in, doing chores, or help a lot—
making meals, organizing medication or
assisting with personal care, the Iowa
Family Caregiver Program has information
and resources that can help you or your
loved one.

Our family caregiver specialist will listen to
your request or concern and connect you
with the most appropriate sources of help
in your community. Whether you live with
your older loved one or separately, in the
same region or far away, our mission is to
make your caregiving role easier.

**“...caregiving should not,
cannot and does not need
to be done alone...”**



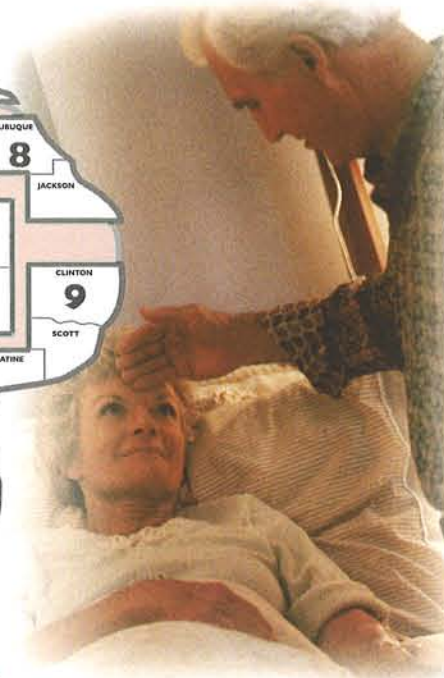
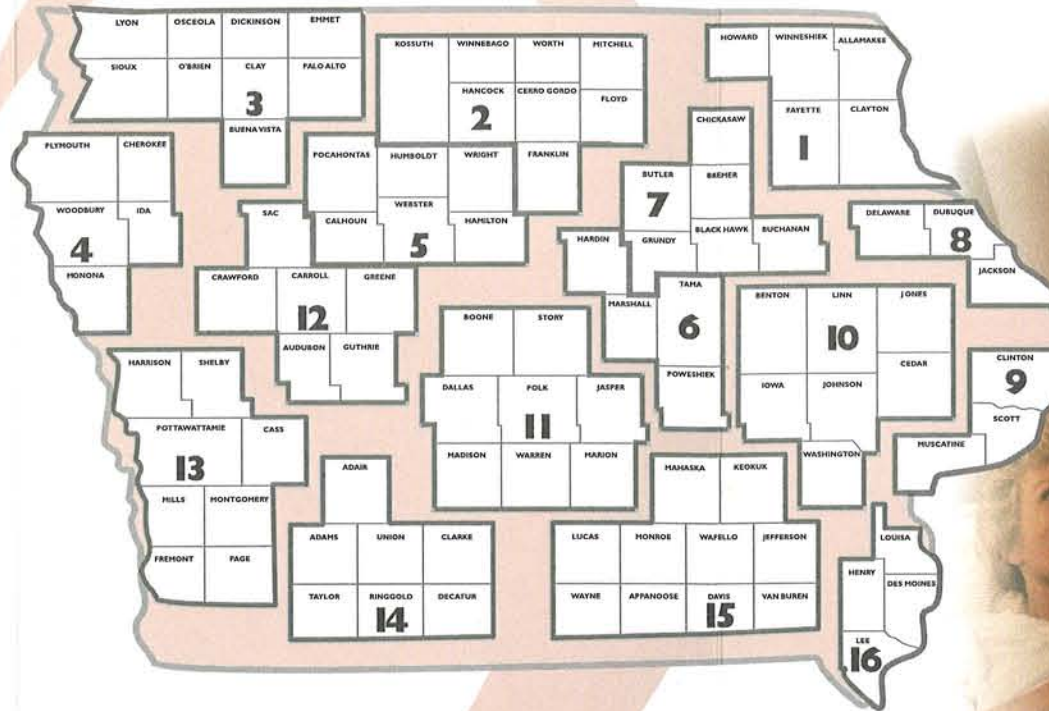
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Iowa's Area Agencies on Aging



The Iowa Family Caregiver Program is a service of the Iowa Association of Area Agencies on Aging. If you need information or assistance in providing care for your older loved one, call 1-866-468-7887, or contact your local Area Agency on Aging.

Helping you help others."

Area 1
Northland Agency on Aging
 808 River Street
 Decorah, Iowa 52101
 563-382-2941 or 800-233-4603
 Fax 563-382-6248
 Web www.northlandaging.com

Area 2, 5, and 12
Elderbridge Agency on Aging
 22 N. Georgia, Suite 216
 Mason City, Iowa 50401-3435
 641-424-0678 or 800-243-0678
 Fax 641-424-2927
 Fort Dodge: 515-955-5244 or 800-543-3280
 Carroll: 712-792-3512 or 800-543-3265
 Web www.elderbridge.org

Area 3
Northwest Aging Association
 2 Grand Avenue
 Spencer, Iowa 51301
 712-262-1775 or 800-242-5033
 Fax 712-262-7520
 Web www.nwaging.org

Area 4
Siouxland Aging Services, Inc.
 2301 Pierce Street
 Sioux City, Iowa 51104
 712-279-6900 or 800-798-6916
 Fax 712-233-3415
 Web www.siouxlandaging.org

Area 6 and 7
Hawkeye Valley Area Agency on Aging
 2101 Kimball Avenue, Suite 320
 Waterloo, Iowa 50702-5057
 319-272-2244 or 800-779-8707
 Fax 319-272-2455
 Web www.hvaaa.org

Area 8
Scenic Valley Area Agency on Aging
 3505 Stoneman Road, Suite 4
 Dubuque, Iowa 52002-5218
 563-588-3970
 Fax 563-588-1952
 Web www.scenicvalley.org

Area 9
Generations Area Agency on Aging
 736 Federal Street, P.O. Box 3788
 Davenport, Iowa 52808-3788
 563-324-9085 or 800-892-9085
 Fax 563-324-9384
 Web www.genage.org

Area 10
Heritage Area Agency on Aging
 6301 Kirkwood Blvd. S.W., P.O. Box 2068
 Cedar Rapids, Iowa 52406
 319-398-5559 or 800-332-5934
 Fax 319-398-5533
 Web www.heritageaaa.org

Area 11
Aging Resources of Central Iowa
 5835 Grand Avenue, Suite 106
 Des Moines, Iowa 50312-1437
 515-255-1310 or 800-747-5352
 Fax 515-255-9442
 Web www.agingresources.com

Area 13
Southwest 8 Senior Services, Inc.
 3319 Nebraska Avenue
 Council Bluffs, Iowa 51501
 712-328-2540 or 800-432-9209
 Fax 712-328-6899
 Web www.southwest8.org

Area 14
Area XIV Agency on Aging
 210 Russell Street
 Creston, Iowa 50801
 641-782-4040 or 800-262-0378
 Fax 641-782-4519
 Web www.areaxivaaa.org

Area 15
Seneca Area Agency on Aging
 117 North Cooper Street, Suite 2
 Ottumwa, Iowa 52501
 641-682-2270 or 800-642-6522
 Fax 641-682-2445
 Web www.seneca-aaa.org

Area 16
Southeast Iowa Area Agency on Aging, Inc.
 509 Jefferson Street
 Burlington, Iowa 52601-5427
 319-752-5433 or 800-292-1268
 Fax 319-754-7030
 Web www.southeastiowaagingservices.com

IOWA FAMILY CAREGIVER
 5835 GRAND AVE, SUITE 106
 DES MOINES, IA 50312-1439

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