

**Aging Resources of Central Iowa**  
**Iowa Family Caregiver Support Program Guidelines**  
**Fiscal Year 2011**

The Iowa Family Caregiver Support Program (IFCSP) established in November 2000 is intended to assist families in caring for an older or disabled adult, as well as grandparents/relatives caring for a child 18 years or younger.

**Iowa Family Caregiver Support Program Assists Families By Providing:**

- Information about services and assistance in coordinating them
- Education about disease processes or questions about caregiving role
- Counseling for emotional support
- Financial support for respite and equipment

Families can discuss their caregiving situation either by scheduling a face-to-face meeting or by participating in a telephone consultation with a caregiver specialist. All consultation services are at no cost to the family.

**Qualifications:**

- Financial assistance may be available to purchase respite services when families need to take a break from their caregiving responsibilities.
- Assistance may be available to purchase needed medical equipment to aid the caregiver in providing care.
- This funding is primarily intended to assist families that are financially unable to pay for these services.

**Guidelines:**

- Families may use an agency for respite, adult day care, transportation, homemaking, yard work, or emergency response systems.
- Families may also use private individuals to provide temporary care for their family member.
- Funding can also be requested for medical equipment or other special needs.

**Application/Billing Procedures:**

- Applications for respite or other needs must be submitted to the Family Caregiver Specialist prior to service. (See Attachments)
- A registration form for the caregiver must also be included with the application. (See Attachments)
- Once approved, billing procedures will be discussed.

**Contact Aging Resources' Family Caregiver Specialists to discuss requests or available options.**  
**Kay Vanags @ 515-255-6142 x 311 or Wenda Bishop @ 515-255-6142 x 336**  
**Toll Free Number – 1-800-747-5352**

