



Our goal is to assist older adults in leading lives that are...



Independent



Dignified



Meaningful



Nurturing



Mission Statement

The mission of Aging Resources of Central Iowa is to lead, advocate, and serve as well as plan and coordinate resources in the provision of services to older persons in Central Iowa, their families, caregivers, or representatives enabling elders to lead independent, meaningful and dignified lives in the least restrictive environment.

Aging Resources of Central Iowa

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**Questions on Aging?
We have answers**



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Partners in Service To Older Adults for Over 35 Years

Aging Resources is part of a national network of Area Agencies on Aging established through the Older Americans Act and supported by federal, state, and local funds. Through these funds, Aging Resources supports local providers of aging services.

Each year Aging Resources serves more than 100,000 older Iowans (aged 60 and over) and their caregivers. Our services strengthen existing support for those striving to live independent and dignified lives.

Through private donations and grants, Aging Resources Foundation and the Strickler Emergency Fund provide additional support to older Iowans in need.

***Serving Boone, Dallas, Jasper,
Madison, Marion, Polk, Story,
and Warren Counties Since 1973.***

Case Management for Frail Elders

- Coordinate Community Services
- Provide Supportive Services
- Help Older Adults Remain Independent in Their Own Homes

Iowa Family Caregiver Program

- In-Home Assessments
- Phone Consultations
- Services for Older Adults
- Education on Caregiving / Memory Loss
- Relief & Support for Caregivers

Information & Assistance

- Phone Consultation
- Assessments
- Connection to Services

Supportive Services

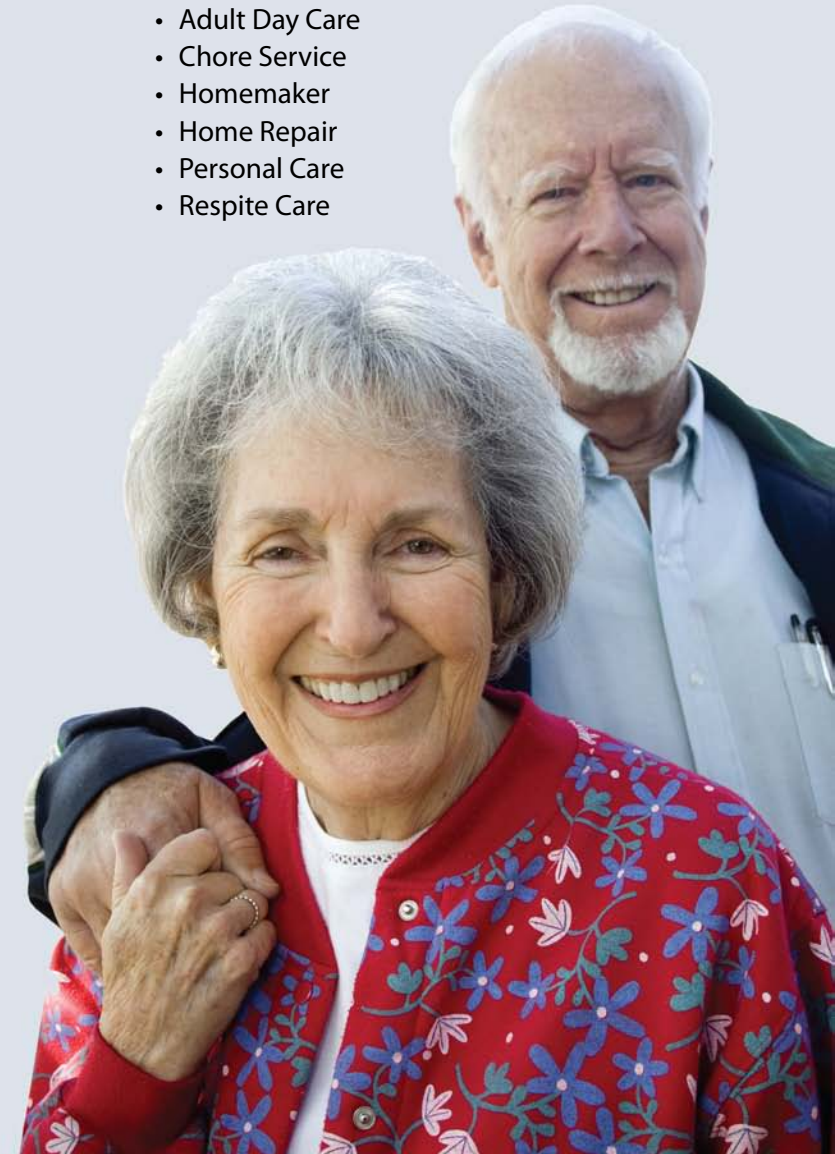
- Advocacy
- Counseling
- Emergency Assistance
- Health Promotion
- Health Screening
- Legal Assistance
- Mental Health Outreach

Nutrition Services

- Congregate Meals
- Home-Delivered Meals
- Holiday Meals-on-Wheels
- Iowa Senior Farmers Market Program
- Nutrition Education and Counseling

Funding for In-Home Care

- Adult Day Care
- Chore Service
- Homemaker
- Home Repair
- Personal Care
- Respite Care



Aging Resources of Central Iowa does not discriminate based on age, race, gender, national origin, color, creed, religion, political affiliation, or physical or mental disabilities in its employment practices or in the provision of services except where it is a requirement of law.