

Suggested Reading List for Families

Bell, Virginia and David Troxel. A dignified life: the best friends approach to Alzheimer's care. Baltimore, MD: Health Professions Press, Inc., 2002.

Mace, Nancy L. and Peter V. Rabins. The 36-hour day: a family guide to caring for persons with Alzheimer's disease related dementing illnesses and memory loss in later life. Warner Books, 2001.

Kuhn, Daniel and David Bennett. Alzheimer's early stages: first steps for families, friends, and caregivers. Hunter House, 2003.

Peterson, Robert, M.D. (Editor) Mayo Clinic on Alzheimer's disease: practical answers on memory loss, aging, research, treatment, and caregiving. Rochester, MN: Mayo Foundation for Medical Education and Research, 2002.

Powell, Lenore S. and Courtice, Katie. Alzheimer's disease: a guide for families, 3rd Edition. Cambridge, MA: Perseus Publishing, 2002.

For more information, please contact:
Alzheimer's Association – Greater Iowa Chapter
1730 28th Street
West Des Moines, IA 50266
(515) 440-2722
or 24 Hour Helpline
(800) 272-3900